



Effective Field Theory III

Hans-Werner Hammer

Technische Universität Darmstadt



CRC 1660 Annual Graduate School Sep. 22–26, 2025, Schwäbisch Gmünd



1. Effective Field Theory I: Basic ideas
2. Effective Field Theory II: Nonrelativistic short-range EFT
3. Effective Field Theory III: Applications in hadrons and nuclei

Literature

G.P. Lepage, "What is renormalization", TASI Lectures 1989, arXiv:hep-ph/0506330

D.B. Kaplan, "Effective Field Theories", NNPS Lectures 1995, arXiv:nucl-th/9506035

G.P. Lepage, "How to renormalize the Schrödinger equation", Swieca Lectures 1997, arXiv:hep-ph/0506330

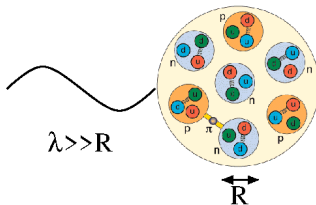
E. Braaten, HWH, "Universality in few-body systems with large scattering length", Phys. Rep. **428**, 259 (2006), arXiv:cond-mat/0410417

- Separation of scales:

$$1/Q = \lambda \gg R$$

- Limited resolution at low energy:

→ expand in powers of QR

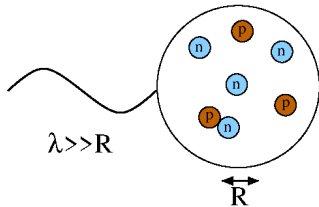


- Separation of scales:

$$1/Q = \lambda \gg R$$

- Limited resolution at low energy:

→ expand in powers of QR

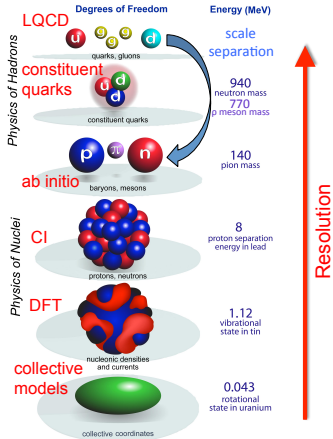


- Short-distance physics not resolved

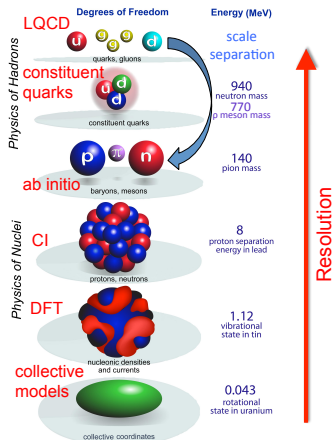
→ capture in low-energy constants using renormalization

→ include long-range physics explicitly

- Systematic, model independent → error estimates



from Bertsch, Dean, Nazarewicz (2007)



EFT exploits **separation of scales**



EFT depends on **resolution scale**

- Chiral EFT: $N, \pi, (\Delta)$
- Pionless EFT: N
- Halo EFT: N , clusters
- EFT for deformed nuclei: collective dof
- EFT at Fermi surface: quasi- N
- ...

from Bertsch, Dean, Nazarewicz (2007)

$$e^{iZ[J]} = \int \mathcal{D}q \mathcal{D}\bar{q} \mathcal{D}G e^{i \int d^4x \mathcal{L}_{QCD}[q, \bar{q}, G; J]} \Leftrightarrow \int \mathcal{D}\pi \mathcal{D}N e^{i \int d^4x \mathcal{L}_{eff}[\pi, N; J]}$$

- Write down most general $\mathcal{L}_{eff}$ consistent with chiral symmetry

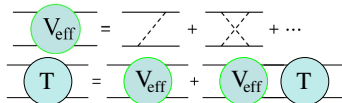
$$\mathcal{L}_{QCD} \rightarrow \mathcal{L}_{eff} = \mathcal{L}_{\pi\pi} + \mathcal{L}_{\pi N} + \mathcal{L}_{NN} + \dots$$

- Compute S-Matrix elements perturbatively in chiral expansion
- Fix low-energy constants (LECs) & make predictions...

Complication for $\geq 2N$: large scattering length ($\Rightarrow {}^2\text{H}$, nuclei)

- Weinberg approach:** (Weinberg, 1990, 1991; Ordonez and van Kolck, 1992; ...)

- Use $\mathcal{L}_{eff}$ to compute V_{eff}
(syst. expansion in Q/Λ_χ and m_π/Λ_χ)
- Solve LS equation with V_{eff}
- UV regulator: cutoff Λ

$$\begin{aligned} \text{Green's function } V_{eff} &= \text{tree} + \text{loop} + \dots \\ \text{Transition } T &= V_{eff} + V_{eff} T \end{aligned}$$


Nuclear forces from chiral EFT



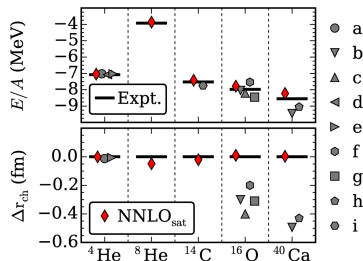
TECHNISCHE
UNIVERSITÄT
DARMSTADT

	Two-nucleon force	Three-nucleon force	Four-nucleon force
LO		—	—
NLO		—	—
N ² LO			—
N ³ LO			

- Hierarchy of nuclear forces: $V_{2N} \gg V_{3N} \gg V_{4N} \gg \dots$
- Successful phenomenology using FY, NCSM, CC, IMSRG, Lattice EFT, ...

■ Successful phenomenology

(e.g., Ekström et al., 2015)



■ But some issues under discussion:

- Narrow range of cutoffs ($\Lambda \approx 450 \dots 600$ MeV)

⇒ Is exact RG invariance even possible or desired?

- Some observables show dependence on type of regulator
(local vs. non-local, r -space vs. p -space etc.)

■ Alternative approaches available but rarely used for $A > 3$

(Nogga, Timmermans, van Kolck, 2005;)



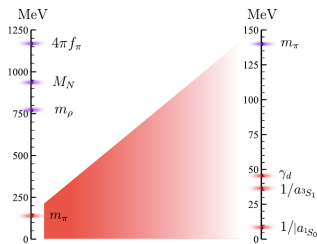
- **Chiral EFT:** $Q \sim m_\pi$
 $\Rightarrow$ contact interactions and pion exchange between nucleons
- **Pionless EFT:** $Q \sim \gamma_d \sim 1/a$
 $\Rightarrow$ contact interactions only
 $\Rightarrow$ **expansion around unitary limit**

- **Unitary limit:** $a \rightarrow \infty, R \sim r_e, \dots \rightarrow 0$

(cf. Bertsch problem, 2000)

$$\mathcal{T}_2(k, k) \propto \left[-1/a + r_e k^2/2 + \dots - ik \right]^{-1} \implies i/k$$

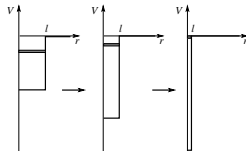
- Scattering amplitude scale invariant, saturates unitarity bound
- **Standard pionless EFT:** include scattering lengths exactly at LO
- **Alternative:** strictly expand around $1/a = 0$ and include finite a in perturbation theory (S. König et al., Phys. Rev. Lett. **118**, 202501 (2017))





- Consider short-ranged, resonant S-wave interactions $\Rightarrow$ halo state
- Unitary limit: $a \rightarrow \infty, \ell \sim r_e \rightarrow 0$

$$\mathcal{T}_2(k, k) \propto \begin{bmatrix} \underbrace{k \cot \delta}_{-1/a + r_e k^2/2 + \dots} & -ik \end{bmatrix}^{-1} \sim i/k$$



- Scattering amplitude scale invariant, saturates unitarity bound
- System has also (non-relativistic) conformal symmetry/Schrödinger symmetry
Mehen, Stewart, Wise, PLB **474**, 145 (2000); Nishida, Son, PRD **76**, 086004 (2007); ...
- Exploit approximate conformal symmetry for nuclear reactions with neutrons

$$a \approx -18.6 \text{ fm}, \quad r_e \approx 2.8 \text{ fm} \quad \Rightarrow \quad \underbrace{1/(ma^2)}_{0.1 \text{ MeV}} \ll E_n^{cms} \ll \underbrace{1/(mr_e^2)}_{5 \text{ MeV}}$$



■ Non-relativistic conformal symmetry: Schrödinger symmetry

▣ Galilei symmetry

space + time translations

rotations

Galilei boosts

▣ Scale transformations

$$\mathbf{x} \rightarrow e^{\lambda} \mathbf{x}, \quad t \rightarrow e^{2\lambda} t, \quad \psi \rightarrow e^{-\lambda \Delta} \psi$$

▣ Special conformal transformations

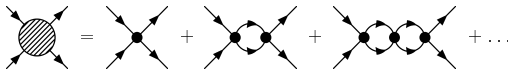
$$\mathbf{x} \rightarrow \frac{\mathbf{x}}{1 + \xi t}, \quad t \rightarrow \frac{t}{1 + \xi t}, \quad \psi \rightarrow \psi' = \dots$$

$\Rightarrow$ preserves angles

■ 12 Parameters

■ Generators: $H, \mathbf{P}, \mathbf{L}, \mathbf{K}, D, C$, satisfy Schrödinger algebra

- Spin-1/2 Fermions with zero-range interactions ($|a| \gg r_e \sim \ell$)



- Renormalization group equation: $\Lambda \frac{d}{d\Lambda} \tilde{g}_2 = \tilde{g}_2(1 + \tilde{g}_2)$

- Two fixed points:

– $\tilde{g}_2 = 0 \Leftrightarrow a = 0 \Rightarrow$ no interaction, free particles

– $\tilde{g}_2 = -1 \Leftrightarrow 1/a = 0 \Rightarrow$ unitary limit $\Rightarrow$ conformal/Schrödinger symmetry

- Neutrons: $a \approx -18.6$ fm, $r_e \approx 2.8$ fm $\Rightarrow$ approximately conformal
 $\Rightarrow$ multineutron system can be described by conformal field



- Two-point function of (primary) conformal field operator $\mathcal{U}$

$$G_{\mathcal{U}}(t, \mathbf{x}) = -i \langle T \mathcal{U}(t, \mathbf{x}) \mathcal{U}^\dagger(0, \mathbf{0}) \rangle = \mathcal{C} \frac{\theta(t)}{(it)^\Delta} \exp\left(\frac{iM\mathbf{x}^2}{2t}\right)$$

- Determined by symmetry up to overall constant $\mathcal{C}$
- Two-point function in momentum space

$$G_{\mathcal{U}}(\omega, \mathbf{p}) = -\mathcal{C} \left(\frac{2\pi}{M}\right)^{3/2} \Gamma\left(\frac{5}{2} - \Delta\right) \left(\frac{\mathbf{p}^2}{2M} - \omega\right)^{\Delta - \frac{5}{2}}$$

- pole only for $\Delta = 3/2$ (free field)
- branch cut for $\Delta > 3/2$



■ Imaginary part of propagator

$$\text{Im } G_{\mathcal{U}}(\omega, \mathbf{p}) \sim \begin{cases} \delta\left(\omega - \frac{\mathbf{p}^2}{2M}\right), & \Delta = \frac{3}{2}, \\ \left(\omega - \frac{\mathbf{p}^2}{2M}\right)^{\Delta - \frac{5}{2}} \theta\left(\omega - \frac{\mathbf{p}^2}{2M}\right), & \Delta > \frac{3}{2} \end{cases}$$

■ General $\mathcal{U}$ does not behave like a particle (“unparticle/unnucleus”)

⇒ continuous energy spectrum

■ Examples of unnuclei

■ N free fields: $\mathcal{U} = \psi_1 \dots \psi_N$, $M = Nm_\psi$, $\Delta = 3N/2$

■ N interacting fields: $\mathcal{U} = \psi_1 \dots \psi_N$, $M = Nm_\psi$, $\Delta > 3/2$

■ Corrections from finite a and r_0 (S. Dutta, R. Mishra, D.T. Son, Phys. Rev. D **109**, 016001 (2024))

$$\text{Im } G_{\mathcal{U}}(\omega, 0) \sim \omega^{\Delta - \frac{5}{2}} \theta(\omega) \left(1 + \frac{c_1}{a\sqrt{m\omega}} + c_2 r_0 \sqrt{m\omega} \right), \quad c_2 = 0$$



■ (Relativistic) unparticle (Georgi, Phys. Rev. Lett. **98**, 221601 (2007))

- field ψ in relativistic conformal field theory
- ψ characterized by scaling dimension Δ , massless
- hidden conformal symmetry sector beyond Standard model (weakly coupled)
- no evidence at LHC so far
(CMS Coll., EPJC **75**, 235 (2015), PRD **93**, 052011, JHEP **03**, 061 (2017))

■ (Non-relativistic) unparticle/unnucleus

- non-relativistic analog of Georgi's unparticle
- field ψ in non-relativistic conformal field theory
(cf. Nishida, Son, Phys. Rev. D **76**, 086004 (2007))
- ψ characterized by scaling dimension Δ and mass M
- free field has $\Delta = 3/2 \iff$ mass dimension
 $\Rightarrow$ lowest possible value (unitarity)
- N neutrons are (approximate) unparticle with mass Nm_N and scaling dimension $\Delta = ?$

Scaling dimension $\Leftrightarrow$ critical exponents



TECHNISCHE
UNIVERSITÄT
DARMSTADT

- How to calculate scaling dimension Δ ? not given by symmetry

$\Rightarrow$ non-perturbative problem

- (1) Δ can be obtained from field theory calculation
- (2) Δ can be obtained from operator state correspondence

$$\Delta \text{ of primary operator} = (\text{Energy of state in HO})/\hbar\omega$$

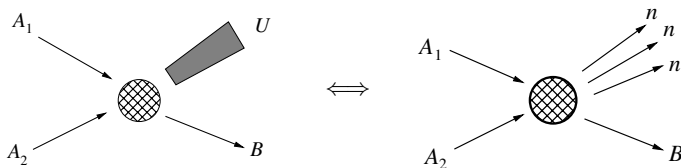
(Nishida, Son, Phys. Rev. D **76**, 086004 (2007))

N	S	L	$\mathcal{O}$	Δ	Δ_{free}
2	0	0	$\psi_1\psi_2$	2	3
3	1/2	1	$\psi_1\psi_2\nabla_j\psi_2$	4.27272	5.5
3	1/2	0	$\psi_1\nabla_j\psi_2\nabla_j\psi_2$	4.66622	6.5
4	0	0	$\psi_1\psi_2\nabla_j\psi_1\nabla_j\psi_2$	5.07(1)	8
5	1/2	1	$\psi_1\psi_2\nabla_j\psi_1\nabla_j\psi_2\nabla_i\psi_1$	7.6(1)	10.5

- Connection between Δ and energy of particles in a trap
- Predictions for $N \leq 70$ available (M.G. Endres et al., PRA **84**, 043644 (2011))

■ High-energy nuclear reaction with multi-neutron final state

(HWH, Son, Proc. Nat. Acad. Sci. **118**, e2108716118 (2021))



$$\Delta Mc^2 + E_{A_1} + E_{A_2} = E_B + E_U$$

■ **Assumption:** energy scale of primary reaction $\gg E_U - \frac{\mathbf{p}^2}{2M_U} = E_n^{cms}$

■ **Factorization:** $\frac{d\sigma}{dE} \sim |\mathcal{M}_{primary}|^2 \text{Im } G_U(E_U, \mathbf{p})$

■ Reproduces Watson-Migdal treatment of FSI for $2n$



■ Two ways to do experiments

(a) detect recoil particle B $\frac{d\sigma}{dE} \sim (E_0 - E_B)^{\Delta-5/2}, \quad E_0 = (1 + M_B/M_{\mathcal{U}})^{-1} E_{\text{kin}}$

(b) detect all final state particles **including neutrons**: $\frac{d\sigma}{dE} \sim (E_{xn}^{\text{cms}})^{\Delta-5/2}$



■ Two ways to do experiments

(a) detect recoil particle B $\frac{d\sigma}{dE} \sim (E_0 - E_B)^{\Delta-5/2}, \quad E_0 = (1 + M_B/M_{\mathcal{U}})^{-1} E_{\text{kin}}$

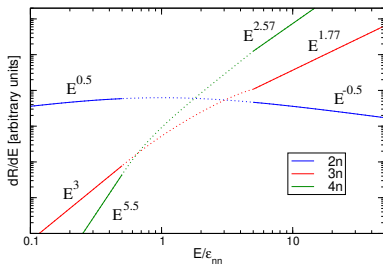
(b) detect all final state particles **including neutrons**: $\frac{d\sigma}{dE} \sim (E_{xn}^{\text{cms}})^{\Delta-5/2}$

■ $2n$ case can be understood from dimer propagator in halo/pionless EFT ($\Delta = 2$)

$$G_d(E_{nn}, \mathbf{0}) \sim \frac{1}{1/a + i\sqrt{mE_{nn}}} \Rightarrow \text{Im } G_d(E_{nn}, \mathbf{0}) \sim \frac{\sqrt{E_{nn}}}{(ma^2)^{-1} + E_{nn}}$$

■ See also (M.Göbel et al., Phys. Rev. C **104**, 024001 (2021)) for ${}^6\text{He}(p, p\alpha)2n$

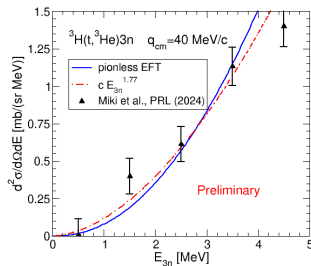
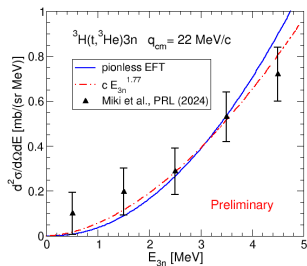
■ Power law behavior at low energies



Braaten, HWH, Phys. Rev. D **107**, 034017 (2023)

- $N = 5 : E^8 \longrightarrow E^{5.1}$
- $N = 6 : E^{10.5} \longrightarrow E^{6.2}$
- ...
- Predictions for $N \leq 70$ available
(M.G. Endres et al., PRA **84**, 043644 (2011))
- No peak except for $2n$

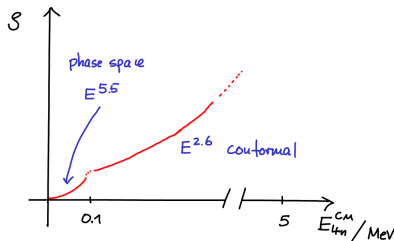
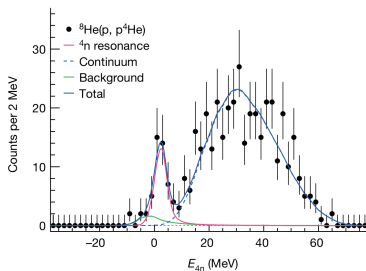
- $3n$ case consistent with previous experiments for ${}^3\text{H}(\pi^-, \gamma)3n$ (Miller et al., Nucl. Phys. A **343**, 347 (1980))
- $3n$ distributions from ${}^3\text{H}({}^3\text{H}, {}^3\text{He})3n$ (Miki et al., Phys. Rev. Lett. **133**, 012501 (2024))



- Small q_{cm} data consistent

■ Search for tetraneutron resonances in ${}^8\text{He}(p, p\alpha)4n$

(M. Duer et al., Nature **606**,678 (2022))



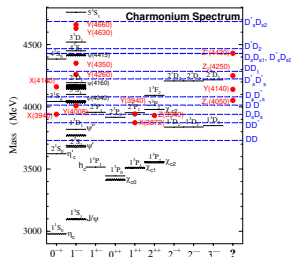
■ Structure from initial state?

■ Dineutron correlations can produce peak

(Lazauskas, Hiyama, Carbonell, Phys. Rev. Lett. **130**, 102501 (2023))

■ CFT result confirmed in pionless EFT (T. Backert, HWH, S. König, in preparation)

- **New $c\bar{c}$ states at B factories: X, Y, Z**
(cf. Godfrey, arXiv:0910.3409)
 - Challenge for understanding of QCD
 - Unitary limit relevant?
- **X(3872)** (Belle, CDF, BaBar, D0, LHCb)
- **Nature of X(3872) ?**
 - $\bar{D}^0 D^{0*}$ -molecule, tetraquark, charmonium hybrid, ...



$$m_X = (3871.65 \pm 0.06) \text{ MeV}, \quad \Gamma = (1.19 \pm 0.21) \text{ MeV}, \quad J^{PC} = 1^{++} \quad (\text{PDG 2023})$$

- **Assumption: X(3872) is weakly-bound $D^0 \bar{D}^{0*}$ -molecule**
 - $\Rightarrow |X\rangle = (|D^0 \bar{D}^{0*}\rangle + |\bar{D}^0 D^{0*}\rangle) / \sqrt{2}, \quad B_X = (0.07 \pm 0.12) \text{ MeV} \approx 1 / (2\mu_{D\bar{D}^*} a^2)$
 - $\Rightarrow$ **universal properties** (Braaten et al., 2003-2008; ...)

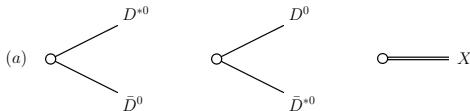
Neutral charm mesons and $X(3872)$

- Approximate unparticles of three D^0/D^{0*} mesons
- Interaction of $X(3872)$ with $D^0, \bar{D}^0, D^{0*}, \bar{D}^{0*}$ determined by large a
(Canham, HWH, Springer, PRD **80**, 014009 (2009))

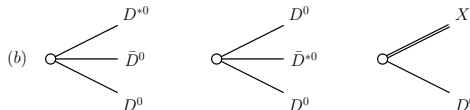
$$a_{D^0 X} = -9.7a \quad a_{D^{0*} X} = -16.6a$$

- Richer structure because of $X(3872)$ (bound state)

two charm mesons



three charm mesons



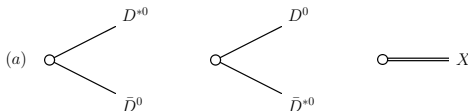
Neutral charm mesons and $X(3872)$

- Approximate unparticles of three D^0/D^{0*} mesons
- Interaction of $X(3872)$ with $D^0, \bar{D}^0, D^{0*}, \bar{D}^{0*}$ determined by large a
(Canham, HWH, Springer, PRD **80**, 014009 (2009))

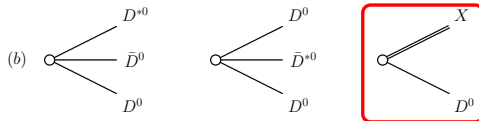
$$a_{D^0 X} = -9.7a \quad a_{D^{*0} X} = -16.6a$$

- Richer structure because of $X(3872)$ (bound state)

two charm mesons

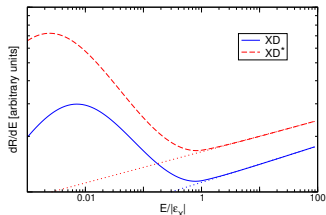


three charm mesons

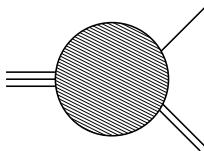


■ Universal scaling for unparticles of three neutral charm mesons

(Braaten, HWH, Phys. Rev. Lett. **128**, 032002 (2022))



XD point production

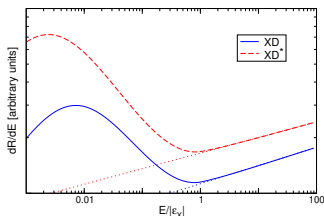


$$\frac{dR}{dE} \sim (E^{-(\Delta_1+\Delta_2-\Delta_3)/2})^2 \sqrt{E} \approx E^{0.1} \quad \text{for } E/|\varepsilon_X| \gg 1 \quad \text{from conformal 3-pt. function}$$

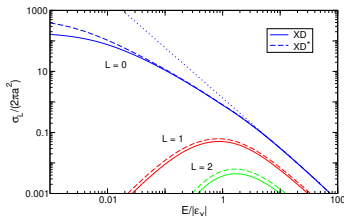
$$\Delta_1=3/2, \quad \Delta_2=2, \quad \Delta_3 \approx 3.10119/3.08697 \quad (\text{Braaten, HWH, Phys. Rev. D } \mathbf{107}, 034017 (2023))$$

■ Universal scaling for unparticles of three neutral charm mesons

(Braaten, HWH, Phys. Rev. Lett. **128**, 032002 (2022))



XD point production



XD elastic scattering

$$\frac{dR}{dE} \sim (E^{-(\Delta_1+\Delta_2-\Delta_3)/2})^2 \sqrt{E} \approx E^{0.1},$$

$$\Delta_1=3/2, \quad \Delta_2=2, \quad \Delta_3 \approx 3.10119/3.08697$$

$$\sigma \sim E^{-1.6}$$

$$\text{for } E/|\epsilon_x| \gg 1$$



- Universality in strongly interacting quantum systems
- High-energy nuclear reactions with final state neutrons
 - ⇒ (approximate) **conformal symmetry**
 - ⇒ **power law behavior of observables** determined by scaling dimension Δ
- Model-independent constraints on (certain) nuclear reactions
- Connection between reactions & properties of trapped particles



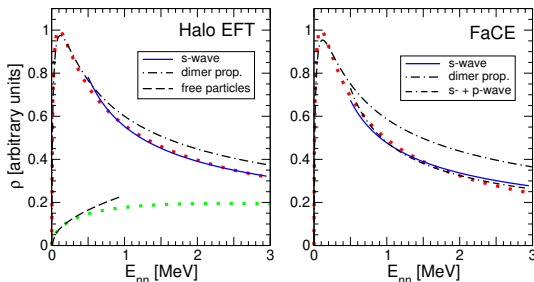
- Universality in strongly interacting quantum systems
- High-energy nuclear reactions with final state neutrons
 - ⇒ (approximate) **conformal symmetry**
 - ⇒ **power law behavior of observables** determined by scaling dimension Δ
- Model-independent constraints on (certain) nuclear reactions
- Connection between reactions & properties of trapped particles
- **Understand difference between $3n$ and $4n$, initial state dependence**
- Other applications & extensions
 - Neutral charm mesons
 - Two-component fermions in ultracold atom physics
 - Remnant in systems with the Efimov effect?
 - ⇒ bosonic atoms, nucleons, α particles
 - ⇒ **only discrete scale symmetry**, complex scaling dimensions

Additional transparencies



TECHNISCHE
UNIVERSITÄT
DARMSTADT

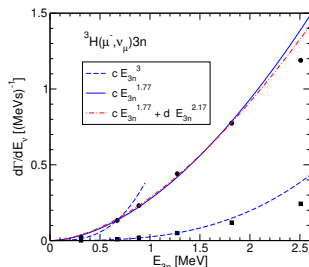
- Two-neutron spectrum for ${}^6\text{He}(p, p_\alpha)2n$ (Göbel et al., Phys. Rev. C **104**, 024001 (2021))



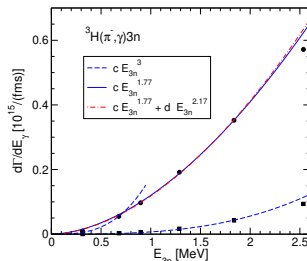
- Can be understood from dimer propagator ($\Delta = 2$)

$$G_d(E_{nn}, \mathbf{0}) \sim \frac{1}{1/a + i\sqrt{mE_{nn}}} \Rightarrow \text{Im } G_d(E_{nn}, \mathbf{0}) \sim \frac{\sqrt{E_{nn}}}{(ma^2)^{-1} + E_{nn}}$$

■ Radiative muon/pion capture on the triton (AV18 + UIX)



Golak et al., PRC **98**, 054001 (2018)

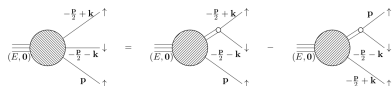
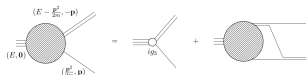


Golak et al., PRC **94**, 054001 (2016)

■ Conformal prediction:

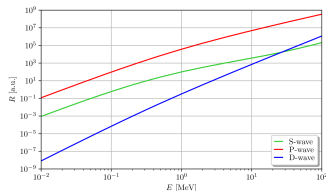
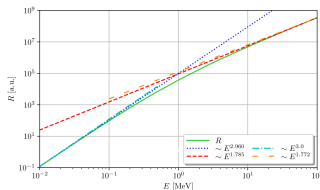
$$d\Gamma/dE \sim (E_{3n})^{4.27272-5/2} \sim (E_{3n})^{1.77272}, \quad 0.1 \text{ MeV} \ll E_{3n} \ll 5 \text{ MeV}$$

Point-production amplitude in pionless EFT



Reproduces conformal behavior (Backert, Dietz, HWH, König, Son, preliminary)

P-Wave



Free and unitary limit exponents reproduced